

Panda Express Taste The Culture

by: Anna Coverdale '26

If you like Chinese food but are too busy to sit down, try Panda Express. Panda Express is a fast food Chinese restaurant. Panda Express was founded in 1973 by Andrew Cherng and his father, Ming-Tsai Cherng, when Panda Express was founded it was not originally called Panda Express, it was called Panda Inn which was located in Pasadena California. In 1982 Andrew Cherng's wife joined him in the business and their connections with then UCLA football coach Terry Donahue invited them to make a Panda Inn in the mall and from there it grew to what we now call Panda Express.



If you like famous Chinese food try Panda Express's orange chicken it is delicious because it is made with a sweet and spicy taste which is created by the citrus and chili notes. You can eat this chicken all day long I rate this a 4 out of 5 for its delicious sweet taste but sometimes the spice can be too overwhelming.

Taste the crunch with the veggie spring rolls from Panda Express. They are good and healthy, even vegetarians can eat them. When I'm not feeling that hungry but would like an afternoon snack I go to Panda Express just for the rolls. I love these veggie spring rolls they are crunchy yet soft on the inside. I rate this a 5 out of 5 for delicious and crunchy consistency.



The Panda Express I go to is in Columbus OH in Gemini Place Towne Center it is a drive through as well as a sit down restaurant. Panda Express opens at 10:30am and closes at 9:30pm. If there are any questions you can call (614)699-2721.



Feel the crunch of juicy St. Louis ribs

By: Shaun Thomas '26



Photo Credit, [Tenderbelly.com](https://www.tenderbelly.com)

Looking for warm, juicy, crispy, deep-fried meat for the Holiday Season? Then you might have found your answer in St. Louis-style ribs.

Based out of St. Louis, the ribs debuted as small Missouri meatpackers created a rectangular cut without cartilage, which allowed for the cut to be meatier and fuller than previous iterations.

The ribs offer a distinct flavor that is bound to make anyone's mouth water. In the ones found at Costco, the ribs are seasoned with Flavor Connections Rib Rub & Seasoning, which brings a sweet, spicy, and tender taste to the palates of all.

St. Louis ribs are made for easy chewing. During the meatpacking phase, the hard breastbone and cartilage, otherwise known as the connective tissue, is cut off. This allows for customers to chew through more of the meat.

Unlike most ribs, like Baby Backs, St. Louis ribs fill you up more than other kinds because its cut for optimal feasting. The cut for St. Louis ribs is flatter and straighter, while Baby Back ribs are shorter.

These ribs offer not just taste, but substance. The ribs are cut from the meatier areas of the hog after the belly is removed. However, this allows for the ribs to have high concentrations of fat, so I would reserve it for the celebratory feast, not a staple of an everyday diet. On the other hand, the ribs have high levels of protein, so it's an excellent source for bulking and muscle-building.

From my experiences with devouring these meaty delights, I typically enjoyed the ribs the day after they came out of the oven. My taste buds are notoriously known for their liking of the deep-fried delights, the Cracker Barrel specials, and it is known to have conflicted with the rest of my family. I always felt like the fresh ribs were too soft, and not crispy to have my palate satisfied. I recommend these ribs for you, because it develops your taste and your authenticity to not only ribs, but food in general, because I know that my choices for food are divisive, to say the least. Overall, I would rate St. Louis-style ribs an 8 out of 10. The taste at its "peak" is delightful and one-of-a-kind, but it definitely comes out of the oven as too soft, leaving a whole first day of a feast wasted.

If you want to find a place for these ribs, you can buy them at Costco or your local grocery, like Walmart. They are also offered at multiple Barbeque restaurants as well.



Photo Credit, [Tastier.com](https://www.tastier.com)

Lan Việt: A classic take on Vietnamese food

Olivia Ricard

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Photo credit, lanvietmarket_ on Instagram

The Le family founded the original Lan Việt restaurant in 2010 with the dream of creating food inspired by the history and culture of Vietnam. Lan Việt currently has two restaurant locations open, both of them being located at the North Market in Dublin and the North Market in Columbus.

Some of the food Lan Việt offers is spring rolls, noodle and rice bowls, traditional vietnamese sandwiches (Bánh mì), and authentic noodle soup (Phở). Some of their most popular meals are the noodle and rice bowls, which can be made with either grilled chicken, grilled beef, or grilled shrimp. I personally ordered the grilled chicken noodle and rice bowl (Cơm bún gà), which sold for eight dollars and was served with jasmine rice, noodles, cucumber, carrots, lettuce, bean sprouts, cilantro, grilled chicken, and a sweet chili sauce. I personally loved this dish. The chicken, noodles and the rice were all cooked through beautifully and the chicken itself was really flavorful. The dish by itself was unimpressive in terms of flavor, but the sweet chili sauce really pulled everything together and it complemented all of the flavors wonderfully.



Another one of the restaurants staples is both their chicken pho (phở gà) and the beef pho (phở bò). Both of these soups are made with rice noodles, either beef or chicken broth, cilantro, bean sprouts, scallions, and either sliced beef or sliced chicken. I ordered the chicken pho which sold for eight dollars and thought it was delightful; it was definitely better than any store bought pho I had tried before. Soups have always been one of my top comfort foods, and this food exceeded all of my expectations. The chicken was cooked through perfectly and the broth was packed with flavor. Considering how cold it gets this time of year, this warm and comforting soup brought absolute bliss to my taste buds and warmed up my body completely despite the cold weather outside. I highly recommend trying this dish; I would rate it a five out of five stars.

Overall, my experience at Lan Việt was lovely, and I highly recommend going. The drive to get there is a bit lengthy, but considering the high quality and low price the food was served at, I thought it was worth it. The Lan Việt location in Dublin is open from 11 a.m. to 8:30 p.m. during the week days and is open from 11 a.m. to 9 p.m. on Saturdays and 11 a.m. to 8 p.m. on Sundays. The Lan Việt location in Columbus is open from 11 a.m. to 7 p.m. on Tuesdays, Wednesdays, Thursdays, Fridays, and Saturdays and they are open from 10 a.m. to 5 p.m. on Sundays and Mondays. They do offer a dine-in option, however, seating at the actual restaurant is limited, so I would recommend seating somewhere else inside of either North Market locations instead. Some of their other services include delivery and take-out. I would rate both locations of Lan Việt a five out of five stars; their staff is very outgoing and they work efficiently to get your food prepared and served in a timely manner. For more information, visit <https://northmarket.org/merchant/lan-viet-market/> or <https://northmarket.org/merchant/lan-viet-bridge-park/>

Lululemon takes over our Society

By: Drew Warner



A very popular known brand Lululemon attracts people world wide by selling different clothing, colors, and textures for quantities of different sizes for such high prices. Releasing new items frequently, Lululemon has made a great impact on the society we live in today. Located in just about every mall you can find the athletic store that is famous for their leggings. Girls around the world rave about Lululemon leggings and how prominent they are. So, I have decided to take upon the trend and buy a pair myself.

As I walked in the Lululemon store, I noticed a sense of comfort, the workers have great big smiles and customers walk around with pleasure. Clothing hung neatly on the racks, or folded precisely on the shelves. Lululemon gives off a clean and welcoming environment. The leggings are placed by length, material, size and color. Each shelf has a different size written below. This process was very easy to find the perfect legging that complimented my body best. The leggings hug my legs tightly, leaving air to keep me cool while I keep busy. Compared to another popular brand Aerie, Lululemon's fitting is more precise than Aerie's. They not only have different size leggings but also different lengths for different heights of people. Lululemon works hard to make sure every body type is included.

Although the fitting is good, some of my leggings have begun to pill. This has been a recurring problem for Lululemon shoppers. Others may end up getting small holes in their leggings. While this being an issue for Lululemon, they have made it clear that you can bring in your leggings to get them ex-

Lululemon was founded in 1998, located in Vancouver, Canada by Chip Wilson. Chip got the name Lululemon in order to help the Japanese buyers pronounce the store name better.

It started as a design studio by day and a yoga studio by night. Chip found a way to help his business grow, by constantly adding on to his designs based on the buyer's insight. Until it got to a point everyone was pleased with the product. This all led to Lululemon being a world wide known brand.



Lululemon is located at your local mall or outlet, from 10am to 9pm. The retail store is open everyday of the week and continues to improve their products each day.



Over all I give my lululemon experience an 8/10. I enjoyed the fast process of finding the right leggings. But, they were expensive and start to pill after awhile. In which isn't a huge deal to me because I can go in and replace my leggings for free! They offer online purchases, as well as in store pick up. This also could be a perfect job for someone that enjoys retail. With no education needed, lululemon pays \$12.00 an hour. Check out <https://shop.lululemon.com> for more information.in store pick up.

Run flawlessly with Saucony

By: Rebekah Lape 26'

If you are always on your feet, good shoes are a must in your closet. When people go shopping for shoes they often look for the ones that give you the most comfort and the Saucony Cohesins are a great shoe that gives you the support you need. I love the Saucony brand because all of their shoes are always very fitting and very comfortable. I am an avid runner and these shoes give me that cushion that I need. I rated these shoes in 3 categories and they placed high in all three.

Durability: These shoes are very high quality, they are very durable and you're able to walk/run up to 400 miles in these shoes. The shoes are great for training and running in, they'll keep you comfortable while you get in your miles. Although the shoes are made specifically for running that makes them even better for everyday use. Overall I think that these shoes have a high durability.

Comfort: If you are like any normal shoe buyer, comfort is a big factor. The cohesins are great in this category. They give the best support to your foot and have a thick cushion in the soul of the shoe. Although they are an amazing shoe and brand you really have to break in the shoes in order to get the most comfort in the shoes.

Looks: The sauconys have changed the way their shoes look from way back when they started in the late 1890's to today. The smooth design of the shoes is perfect if you don't want big bulky shoes.

Yes these shoes are great but if you compare them to the leather Nike air force ones the Saucony



Cohesins are fabric. But, the Cohesins are great at sustaining their sleek shape and style every time you wear them.

Overall: I would rate these shoes a four and a half stars. These shoes are great in all the categories of quality, comfort, and looks. If you compare them to your everyday air forces or converse they would definitely one up them in every category. The Saucony Cohesion should definitely be a staple shoe in your closet. You can get these shoes or some like them at your nearby Fleet Feet store or online at the Saucony website.



Experience Ugg Life

By:Sienna Bishop

Founded in 1978 by an Australian surfer. Ugss have been the top selling winter boots for as long as anyone can remember. They started being trendy back in 2015 and made a comeback this year. The brand is constantly evolving and adapting with fast fashion and new trends. They came out with platform booties and slippers in 2022. The staple white fur that is found in all Uggs come from sheepskin, although Uggs are not a vegan brand they are cruelty free and no animals are harmed in the making of them. Uggs were originally made for surfers when their feet got cold on the beach



The founder,Brain Smith an Australian surfer who moved to southern california to chase his dreams of a sheepskin boot company like no other he had seen before and surfing. After about 12 years of owning Uggs he decided to sell the company he so graciously made as a solution to his cold feet problem for roughly \$14.6 million. The name Uggs is said to be a shortened version of “flying ugg boots” which were first worn by Australians during World War 1.

The Ugg store I went to is located at Tanger Outlets, it’s a store full of Uggs and is very aesthetically pleasing. The staff was amazing and sweet, they answered every question I had and made it seem like they wanted to be there. There are a few downsides, while Uggs are good quality and cruelty free they are on the pricier side of things. The slippers/boots are \$100 at the bare minimu. Compare to other off brands that run for aorund \$20 , and Uggs can be easily damaged in the water. The brand even provides a waterproof spray but you have to purchase it on top of the shoes you buy. The website says you can wear them in the rain but it is not

recommended which makes the shoe very impractical to wear in rainy weather or the winter months, especially in Ohio.

I did purchase a pair of Uggs called Diquette which is a platform slipper. They are very comfy and are a beautiful chestnut color. They are relatively hard to break in, it took me about a week of consistently wearing them. Overall I think the brand has a very interesting back-story that people should know more about. Nobodys seems to know that these “snow boots” were made for the beach and surfers or that they were made by an Australian man in the 70s. I rate these brands and their shoes 9/10.Their manufacturing is safe and cruelty free, the shoes are comfortable although not very affordable/practical. Despite these flaws I am very happy with my experiece and overall purchase. For more information you can go [Uggs.com](https://www.uggs.com).



Savor the Flavors of Italy

By: Shreenidhi Subramanian 26'



When it comes to Italian food, Olive Garden really is the best. Everyone who's ever eaten there has had a really great time. The food is always fresh and delicious, and the service is always top-notch. When you're there, you can enjoy a variety of delicious Italian dishes. You can choose something that's light and healthy, or you can go for something that's heavier and will give you more energy. They have a great selection of menu items, and they can accommodate any kind of dietary restriction or special dietary need. The breadsticks are delicious, and the pasta dishes are always cooked to perfection. The atmosphere is really cozy and inviting, and the waitstaff is always friendly and helpful. Plus, their prices are really reasonable, especially when compared to some of the more high-end Italian restaurant chains.



Olive Garden is a great place to go for a nice pasta dish. They have a variety of sizes and flavors to choose from, so you're sure to find something that you'll love. My favorite is the Alfredo pasta, it's creamy and rich, and the flavor is amazing. You can choose between a small or large portion, so you can get your fill without having to worry about being too full. You can find this in the menu or the website. Overall, I would rate this a 9.5/10.

If you're looking for a great place to get breadsticks, Olive Garden is the place to go. The breadsticks are always fresh, and the staff is always polite, they always make sure that you are happy. I love ordering breadsticks with soup or pasta. This usually comes with other items like soup and salads but you can also order it separately. I would rate it a 10/10.



The Olive Garden I've been to is located in, 1250 Polaris Pkwy, Columbus, OH 43240. If you want to call them their number is, (614) 885-0080. You can also order on their website which is, <https://www.olivegarden.com/home>.

Versace Eros: The perfume that will make you swoon

By: Sequora Price

You need to get your hands on Versace Eros. This fragrance is astonishing. It's a stunning mix of scents that left me wanting more. If you're looking for a fragrance to make you or your significant other left staggering, I would 10 out of 10 recommend this.

Let me set up the scene. I was walking through a store in the mall when I smelt something so heavenly. I literally was left reeling. It caught me off guard with such force I stopped walking. Me and my mom were so enamored by the scent that we went searching like hounds to find what it was. We realized a man had walked past us when we smelt the mystifying fumes, and we pretty much ran up to him to ask him what he was wearing. Versace Eros.

After I came home that night, I made sure to order this perfume. For whatever significant other I hope to someday have, I will be giving them this to wear. I sound crazy, but I'm telling you this fragrance is life changing.

Unlike Chanel Bleu, another men's fragrance, Versace Eros truly is a game changer. Its scent leaves you feeling expensive and rejuvenated. The scent is laced with hints of lemon zest, fresh mint, and green apple. A blend of scents which when together, causes symptoms of love. I know I experienced these symptoms.

Although this fragrance smells great, I will say I'm disappointed with its durability. I sprayed it on my clothes, and in just a few hours I couldn't smell it anymore. If you're looking for something long lasting with just a one time spray, this isn't the fragrance for you.

Overall, I'm literally obsessed with this fragrance and encourage readers of this article to purchase a bottle of their own. This fragrance is found in beauty stores like Ulta and Sephora. I even found a bottle of this magical scent potion online at Walmart for just \$60. Usually the price of this fragrance ranges from \$70-\$90. The price is reasonable when considering the bottle size is 3.4 fl oz. Make sure to pick up some for yourself!



Photo credit, Amazon.com

FORGET FRIDAY. IT'S ALL ABOUT WEDNESDAY

BY: AKSHAYA PARA '26

When I first heard about the show, I was worried that it wouldn't live up to the Addams family standards, then I found out Tim Burton was the director, I was ecstatic of course, as someone who looks up to Tim Burton as much as I do, my worries came at ease. My childhood and love for all the mysterious, horror and thriller genres had all originated from the Addams family.

To start things off the actors casted from the role, fit so incredibly well, and Jenna Ortega (where she says from "stuck in the middle" and I quote, "if my family was a week, I'd be Wednesday") to even "The Babysitter: Killer Queen" to even "Scream"! Luis guzman as gomez is a perfect choice! How he had played the character was exemplary and looked so similar to the original comics.



Photo credits: The Movie Of My Life

Even though I kinda guessed who the killer was from the beginning and I had my suspicions about the accomplice as I watched the episodes, I was still on the edge of my seat the whole way through, I actually fell off! I truly don't know how I was shocked at every twist and turn. The scene with Tyler and Wednesday in the police station during ep8 had me with my hand over my mouth the whole time. I couldn't even take my eyes off my tv and I knew it was coming!!! Everything was so well done. And it was the simple things that made this show so unique like how Wednesday blinked as little as possible, or how Ortega had choreographed the dance all by herself, to even the smallest changes with the color scheme with brights and darks depending on Wednesdays family/friend life.

When I heard that Ortega had shown up to her audition with actual blood on her face!(not real obviously), it was clear that she'd be a shoe-in in Burton's eyes. Although this show would be considered amazing for a teenager, I'm not entirely sure if it'd be good in the eyes of an adult, maybe one with a less mature mindset because of the humor being on the darker side and the classic "teenage problems", so it's better off with the teenage generation.

All in all, I'd rate this show a solid 4.36 out of 5, I'd rate this show that because it'd be good for the considered teen mindset because a child would get scared of the jumpscare, and an adult wouldn't find the dark humor as funny as a teenager would, therefore leaving me with a rating of 4.36/5. It's such a great show! Definitely recommend!

Don't waste your time on this burger

By: Jenna Evans



Wendy's

On November 16th, 2022, a new burger was introduced to the menu at Wendy's. If you enjoy mozzarella cheese sticks from Arby's and a chicken sandwich from Burger King, this marvelous burger may please your appetite. This unusual burger is served on toasted garlic knot bread with marinara sauce, a slice of aged Asiago cheese, a deep-fried mozzarella cheese patty, and a crispy-fried chicken breast filet.



The sauce was the first thing that caught my eye as I took the burger out of the foil. Even though I expected to receive marinara sauce on my burger, it was far too much for my liking. The first mouthful was simply bursting with the flavors of the sauce. The sauce also made the mozzarella patty and the bun a bit soggy, which was disappointing. In my opinion, it had a bit too much marinara sauce, which overpowered the other flavors.

The chicken tender and cheese were the burger's best qualities. Although I believe the mozzarella patty had great potential, the sauce made it incredibly soggy. So because the sauce was either too much for me or there was simply too much added, I would give the burger a 2 out of 5-star rating. Without the sauce, I think you would be able to taste all the other flavors of the burger, therefore it would surely receive a higher rating